



Checklist For Applying to Dental Hygiene School

Applying to dental hygiene school can be a little confusing at times. Let's take some of the guesswork out.

The Dental Momma

We're going to do this together!

Choose Your Program

- Choose Your desired program:
 - Some cities have more than one option.
 - This is going to be **Most** important for the next steps
 - Here is a link to a list of dental hygiene schools by state. [Click here](#)

Look at Prerequisites

- Basic prerequisites: All programs will have classes that you Must take prior to applying. They usually will include the following basic categories. (please reference your specific program from above)
 - Biology
 - Math
 - English
 - Psychology
 - Sociology
 - Anatomy & Physiology
 - Some programs require: Microbiology and Chemistry

This is why choosing your program is the first step. You don't want to spend extra time or money completing courses you may not need for entry.

Evaluate your academic course work

- Take a glance at courses/classes you have already taken. You may have met some or all of the prerequisites.
- Just be sure to see if your program of choice has a limit on the number of years since the course was taken.
- Some programs will say "within 10 years" and others "within 5 years"

Complete your required courses

- This goes without saying but I'm thorough so we will list it here anyway.
- If this is your first-time taking college courses. I applaud you on your journey. I recommend attending a junior/community college. It will not only save you money. And yes, honey we all want to save our coins. But also, the class sizes are smaller. Meaning if you need a little extra help, you won't feel like a tiny fish in a big ocean.
- **Side note:** Do the best you can. I know some of these courses are tough. But be encouraged! I believe in you.

Entrance Exam

- Some programs DO require an admissions test. But no worries. You got this!
- Kaplan makes a pretty good study guide. And yes, it says for nursing school entrance. But it will also work for dental hygiene school. [Amazon link](#)
- The entrance exam covers basic materials, like reading and writing with a dash of science and math. So this study guide can be used like more of a refresher.

Apply and Wait for a Decision

- This is it. You did the leg work and now it's time to put it all together. Fill out that application honey. Have a friend, parent, or some else you trust to look over the application to make sure you spelled everything correctly and that you aren't missing anything that needs to be submitted with application.
- Smile and pat yourself on the back. You should be very proud.
- Deciding to become a dental hygienist is a big step and you conquered it all.

These steps will help guide you on your journey. Remember you are strong, brave, and true. Stay encouraged my friends!

Notes

To learn more about
applying to dental hygiene school,
head on over to:
www.thedentalmomma.com